



## **HYGIENE KIT ASSEMBLY**

**OPTION I:** Create a Complete One-Week Hygiene Kit for a family to use during their time with Family Promise. Please fill a bag the family can easily reuse and carry with them, such as a canvas tote bag or backpack.

Each Bag will be given to a family of at least 1 adult and 3 children.

### *Necessary Items to Include:*

- 2 Adult/3 Child Toothbrushes
- 2-3 travel-size Toothpastes
- 4 Travel-Size Shampoos
- 4 Travel-Size Conditioners
- 4 Travel-Size Deodorants
- 2-3 Travel-Size Bodywash/Shower Gel
- 1 Bar Soap
- 2 Travel-Size Body Lotions
- 2 Disposable Razors
- 2 Travel-Size Shaving Creams
- A few Individual Tissue Packs
- 1 Small Hand Sanitizer
- 4 Chapsticks or Lip Balms
- 3-4 Travel-Size Sunscreen

### *Optional Items to Include:*

- Small Brush | Comb
- Hair Ties
- Coloring Book
- Small Box of Crayons
- Word search / Crossword Puzzle Book
- Small Box of Band-aids

**OPTION II:** Collect any amount of any Necessary Items listed above and bring into the parish office by March 2 in a Ziplock bag. Volunteers will then sort the donations into larger family kits. Overflow items will benefit families seeking assistance at the New Day Center.

***Interested in volunteering with Family Promise?*** St. Benedict Parish/St. John Bosco School are hosting families the week of **March 15-21**. Volunteers are needed to share their time with the families in the evenings beginning at 5pm helping with meals, activities for the children, outdoor games, and fellowship. Watch the parish bulletin for details and sign-up information!